

KARATE CHARLOTTE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kubs Level 2/3 	4:50-5:20	4:00-4:30	4:45-5:15			9:00-9:30
Kubs Level 1 		4:30-5:00		5:50-6:20		9:00-9:30
Leadership Tuesday 6:45-7:30						
White Belt JRS.	6:15-6:45	6:45-7:15		4:30-5:00		12:00-12:30
Orange & Yellow	6:15-6:45	6:45-7:15		4:30-5:00		12:00-12:30
Storm Program 				4:00-4:30		
Low Storm Team 	4:00-4:45	6:00-6:45		5:00-5:45	4:30-5:15	9:40-10:25
High Storm Team 	4:00-4:45	5:15-6:00	6:00--6:45		4:30-5:15	9:40-10:25
1st Deg Black Belts Juniors 	5:25-6:10		4:00-4:45	6:30-7:15	6:45-7:30	10:30-11:15
2nd 3rd 4th Degree Juniors 	5:25-6:10		4:00-4:45	6:30-7:15	5:15-6:00	10:30-11:15
Rec. Black Belts 	4:50-5:20		5:15-6:00		6:00-6:45	
Adult Black Belts	6:45-7:30	12:00-12:45	6:45-7:30	7:15-8:00		11:15-12:00
Adult Class	6:45-7:30	12:00-12:45	7:30-8:15	12:00-12:45		11:15-12:00
				7:15-8:00		
BJJ Jrs	6:15-7:00 No Gi	7:30-8:15			6:45-7:30	11:30-12:15
BJJ Adult Class	7:00-7:45		7:30-8:30		7:30-8:30	12:15-1:15 Review & Free Roll Sun. 8:30-10am
Adult No Gi	7:45-8:30					
BJJ - Afternoon		11:00-12:00			11:00-12:00	

New Update as of April 2018

karate@karatecharlotte.com or call 704-846-0707

Please make sure to have proper attire for class. If students choose not to wear their karate jacket a karate themed t-shirt should be worn. Full uniforms are required for testing