





# KARATE CHARLOTTE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Kubs Level 1</b> 		4:30-5:00		5:50-6:20		9:00-9:30
<b>Kubs Level 2/3</b> 	4:50-5:20	4:00-4:30	4:45-5:15			9:00-9:30
White Belt JRS.	6:15-6:45	6:45-7:15		4:30-5:00		12:00-12:30
Orange JRS. Yellow JRS.	6:15-6:45	6:45-7:15		4:30-5:00		12:00-12:30
<b>Low Storm Team</b> 	4:00-4:45	6:00-6:45		4:00-4:30 (10yrs old under) 5:00-5:45	4:30-5:15	9:40-10:25
<b>High Storm Team</b> 	4:00-4:45	5:15-6:00	6:00--6:45	4:00-4:30 (10yrs old under)	4:30-5:15	9:40-10:25
<b>Leadership Tuesday 6:45-7:30</b>						
<b>Rec. Black Belts</b> 	4:50-5:20		5:15-6:00		6:00-6:45	
<b>1st Degree Juniors</b>	5:25-6:10		4:00-4:45	6:30-7:15	6:45-7:30	10:30-11:15
<b>2nd 3rd 4th Degree Juniors</b>	5:25-6:10		4:00-4:45	6:30-7:15	5:15-6:00	10:30-11:15
<b>Adult Black Belts</b>	6:45-7:30	12:00-12:45	6:45-7:30	7:15-8:00		11:15-12:00
<b>Adult Class</b>	6:45-7:30	12:00-12:45	7:30-8:15	12:00-12:45 7:15-8:00		11:15-12:00

Updated July 2018

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Please make sure to have proper attire for class. If students choose not to wear their karate jacket a karate themed t-shirt should be worn. Full uniforms are required for testing